



## **MINI-MASTER OF DENTAL PUBLIC HEALTH – Community Oral Health specialisation (mMDPH-COH)**

Department of Graduate Dental and Public Health Sciences (DGDPs)

### **INSTRUCTIONS**

1. Understand the programme's structure: <https://orapuh.org/mini-mdph-catalogue>
2. Understand School Fees policies: <https://orapuh.org/fees>
3. Read this roadmap thoroughly and keep it handy throughout your programme
4. Keep to your lecture, webinar, Oraposium, and OCliCR schedules and submit your assignments promptly

### **mMDPH-COH COURSES**

<b>CODE</b>	<b>USCH</b>	<b>TITLE</b>
PC3-011	3	Foundations of Dental Public Health
PC3-012	3	Oral Health Systems, Law, and Policy
PC3-013	3	Oral Epidemiology and Control of Oral Diseases
PC3-014	3	Social and Behavioural Sciences in Oral Health
PC3-015	4	Oral Health Promotion, Communication, & Artificial Intelligence
PC3-621	2	Introduction to Community Oral Health
PC3-622	3	Community Engagement and Community-Based Interventions
PC3-623	3	Community Oral Health Programme Planning, Implementation, and Evaluation
PC3-624	6	mMDPH-COH Capstone (Practicum/Field Work and Seminar)
<b>T. CREDITS</b>	<b>25 USCH (50 ECTS)</b>	

### **Other components of the curriculum**

RL00	0	GRIT
RL01	0	Developing your personal career strategy
RL03	0	Dental Public Health Business
WBN01	0	We are the Future
WBN02	0	Advocacy in Health Care
WBN04	0	Designing & Developing Healthcare Facilities & Programmes
WBN07	0	Stress and our Health and Illness States
WBN08	0	Behavioural Dimensions in the Concept of Health



WBN09	0	Nutritional Factors in Health and Illness States
WBN10	0	Public Health Informatics
WBN11	0	Communication in Health Education Programmes
WBN12	0	Anxiety Disorders
WBN13	0	Diagnosis of Oral Disease: History Taking
WBN14	0	Diagnosis of Oral Disease: Routine Physical Examination
WBN15	0	Diagnosis of Oral Disease: Choosing & Ordering Investigations
WBN16	0	Working in Resource-Limited Settings

## WEEK 1

### PC3-000: Orientation

This component of the study introduces the learner to Orapuh School, what it takes to study at the school, and their specific programme of choice.

<b>Mon</b>	<a href="#">08:00 pm WAT</a> – Faculty Introductions	<b>Wed</b>	<a href="#">08:00 pm WAT</a> – Lectures + Activities
<b>Mon</b>	<a href="#">08:10 pm WAT</a> – Student Introductions	<b>Thurs</b>	<a href="#">08:00 pm WAT</a> – Mmdph-COH orientation
<b>Mon</b>	<a href="#">08:30 pm WAT</a> – Initial Student Orientation	<b>Fri</b>	<a href="#">08:00 pm WAT</a> – Competencies and careers + Course 011 Orientation
<b>Tue</b>	<a href="#">8:00 – 8:25 pm WAT</a> – Webinar		

## WEEK 2-12

**Live Sessions:** Hold on the last day of each course (Saturday) by 8.00 pm WAT

**Summative Assessment submission deadline:** On the day of each live session by 11.59 pm. Each assignment should be submitted to the relevant faculty's email and [school.repository@orapuh.org](mailto:school.repository@orapuh.org)

**Assessment conventions:** Back page. 1000 words minimum, excluding preliminary pages and references. Sub-headings. Pagination. 1.5 line spacing. Times New Roman. Font size 12. Justified margins. Balanced paragraphs. APA7 in-text citations & references. 10 % or less plagiarism rate.



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**WEEK 2**

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**PC3-011: Foundations of Dental Public Health**

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This course introduces the learner to the entire concept of Dental Public Health as a branch of dentistry and stimulates the mind to desire to learn more about this unique field. It also takes an in-depth look at the dental public health concept, system, and problem-solving approaches.

**Faculty:** V. E. Adamu (Ph.D.) [v.adamu@orapuh.org](mailto:v.adamu@orapuh.org)

1. Write short notes on 5 specific different types of dental public health facility that you can identify in your country, giving their names and locations.
2. If you were to begin your own dental public health facility today, which would it be? What name would you give to your facility? Which organization model would you adopt? Which business model(s) would you employ? Would the facility be online, offline, or both?

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**WEEK 3**

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**PC3-012: Oral Health Systems, Law, and Policy**

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This course teaches the oral health care delivery system, introduces dental public health laws, and encourages contributions to dental public health policy. It also distills the translation of knowledge and research findings into policy initiatives and statements, enhancing practice.

**Faculty:** V. E. Adamu (Ph.D.) [v.adamu@orapuh.org](mailto:v.adamu@orapuh.org)

1. Give a summarised account of the Oral Healthcare Delivery System in your country
2. Discuss the Oral Healthcare Financing mechanism in your country, giving its key features, merits, and limitations

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**WEEK 4**

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**PC3-013: Oral Epidemiology and Control of Oral Diseases**

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This course introduces the learner to the concept and scope of epidemiology and the application of epidemiology in dentistry. It also delves into discussing the burden, trends, causes, and control of oral diseases.

**Faculty:** V. E. Adamu (Ph.D.) [v.adamu@orapuh.org](mailto:v.adamu@orapuh.org)

1. Identify the key sources of oral epidemiological data in your country
  2. Discuss the epidemiology of 1 oral disease that is prevalent in your country
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**WEEK 5 & 6**

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**PC3-014: Social and Behavioural Sciences in Oral Health**

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This course seeks to help the learner assess and understand the impact of social factors and human behaviour on oral health. Methodologies and tools for this understanding are explored.

**Faculty:** N. I. F. Enejo (M.Ed.) [f.enejo@orapuh.org](mailto:f.enejo@orapuh.org)

1. Discuss the various attitudes to oral health-related behaviours in your community
  2. Discuss how you would approach curbing the negative attitudes identified in '1', considering their social determinants
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**WEEK 7 & 8**

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**PC3-015: Oral Health Promotion, Communication, & Artificial Intelige.**

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This course teaches the art of preventing and controlling dental ill health. It also emphasises oral health education, artificial intelligence in oral health promotion and dental public health, communication, and intentional oral health risks reduction strategies.

**Faculty:** N. I. F. Enejo (M.Ed.) [f.enejo@orapuh.org](mailto:f.enejo@orapuh.org)

1. Discuss how you would utilize the five key action areas of health promotion in your community to promote oral health
  2. What strategies would you use to wean a smoker (addict) in your community from tobacco to enhance their oral health?
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**WEEK 9**

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**PC3-621: Introduction to Community Oral Health**

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This course introduces learners to community oral health. The concept, system, and common community oral health initiatives are explored.

**Faculty:** V. E. Adamu (Ph.D.) [v.adamu@orapuh.org](mailto:v.adamu@orapuh.org)

1. Identify and discuss 5 community oral health initiatives in a named community or population
  2. Write short notes on community oral health strategies
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**WEEK 10**

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**PC3-622: Community Engagement and Community-Based Interventions**

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This course teaches community mobilization in the context of oral health and the strategies to improve oral health outcomes.

**Faculty:** N. I. F. Enejo (M.Ed.) [f.enejo@orapuh.org](mailto:f.enejo@orapuh.org)

1. Outline how you may actively involve your community members in decision-making processes, problem-solving, and the implementation of initiatives that affect their lives
  2. Discuss (in detail) the strategies to improve oral health outcomes
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**WEEK 11**

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**PC3-623: Community Oral Health Programme Planning, Implementation, and Evaluation**

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This course is concerned with the planning, implementation, and evaluation of community oral health programmes.

**Faculty:** V. E. Adamu (Ph.D.) [v.adamu@orapuh.org](mailto:v.adamu@orapuh.org)

1. Identify a community oral health problem in a community
  2. Outline how you would plan and implement a programme to address the problem in '1', and evaluate the programme
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**WEEK 12**

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**PC3-624: mMDPH-COH Capstone**

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This is the capstone in the mMDPH-COH programme. The learner is expected to carry out a seminar work and specified practicum and present the reports of the works in a class situation. The thoroughness and quality of the 2 reports will inform the learner's grade in the course.

**Seminar Activities:**

1. Assignment of a seminar supervisor (**Week 1**)
2. Working with your Supervisor to submit Seminar Proposal to OREB ([www.orapuh.org/oreb](http://www.orapuh.org/oreb)) for consideration and approval during the week following orientation (**Week 2**). Submit a topic that can summarise your area of study
3. Commence writing your seminar under the guidance of your supervisor by **Week 3**
4. Finalise all writing and tidy up the paper by **Week 11**
5. Supervisor must approve every component of the paper as they are written



**Period:** **Week 2 – 11** **Deadline for submitting the paper:** Last day of W11; 11.59 pm **Submit:** MS Word & MS PowerPoint versions to your supervisor and [school.repository@orapuh.org](mailto:school.repository@orapuh.org)

### **Seminar presentation**

Seminar presentation will take place on the session's last Monday (8.00 pm WAT). You will be given 20 minutes for the presentation. You should expect to answer questions during the exercise.

### **Practicum Activities:**

1. Locate a dental public health facility in which to carry out the practicum by **Week 8**
2. The modalities for the practicum are available in the Practicum Report Template available in the Learning Resource Centre (LRC). Should you need a letter of introduction to take to your prospective practicum venue, do not hesitate to ask for one from the registry team ([registrar@orapuh.org](mailto:registrar@orapuh.org)) – Ask for the letter by **Week 6**

**Period:** **Week 12** **Deadline for submitting the report:** On the Session's last Friday; 11.59 pm **Submit:** MS Word & MS PowerPoint versions to [school.repository@orapuh.org](mailto:school.repository@orapuh.org)

### **Practicum presentation**

Practicum presentation will take place on the session's last day (8.00 pm WAT). You will be given 20 minutes for the presentation. You should expect to answer questions during the exercise

### **Seminar paper and practicum formats**

Get the seminar paper and practicum report templates from Learning Resource Centre (LRC).

### **Archiving of the seminar paper and practicum report**

Each student should upload the corrected final copy of their seminar paper and practicum report in MS Word formats (after the presentations) to Orapuh Academic Repository ([www.acadrep.orapuh.org](http://www.acadrep.orapuh.org)) for safe-keeping and perpetual public availability.

### **Academic Webinars, Oraposiums, and OCLiCRs ★**

There will be academic webinars, Oraposiums, and OCLiCRs during this programme. Webinars typically take place on Wednesdays and Oraposiums and OCLiCRs on Saturdays. Students are expected to attend, and participate actively in, every single event as the modules are components of the mMDPH curriculum.



### **In-text Citation and Referencing Style**

For writing academic papers, in-text citations, and referencing style, students should adopt the APA referencing manual, 7<sup>th</sup> edition always. This is a required activity and will be considered during the grading of summative assignments and the capstone.

### **Submission of Assignments and other Papers**

Summative Assignments should be set in MS Word using the following file name format: 'FirstnameLastname\_Coursecode\_Year' (e.g., OnuhAmos\_PC3-011\_2024). Files that are not properly saved using this required file name format will be rejected. All assignments should be emailed to the relevant faculty, with [school.repository@orapuh.org](mailto:school.repository@orapuh.org) in copy.

### **GRADING SYSTEM**

GRADE	SCALE	WEIGHT	GP	DESCRIPTION	OUTCOME
A	70-100	4	3.5-4.0	Distinction	Pass
B	60-69.9	3	3.0-3.4	Merit	Pass
C	50-59.9	2	2.0-2.9	Pass	Pass
F	<50	1	< 2.0	Fail	Fail

### **RECOMMENDED TEXTBOOKS**

1. The Complete Guide to Dental Public Health (Srivastava, R. et al.)
2. Dental Public Health at a Glance (Chestnutt, I. G.)
3. Essential Dental Public Health (Daly, B. et al.)
4. Short textbook of public health medicine for the tropics (Lucas, A. O., & Gilles, H. M.)
5. The New Public health (Tulchinsky, T. H., & Varavikova, E. A.)
6. Introduction to Public Health (Gidey, G. et al.)

All the textbooks are available at the school library (<https://orapuh.org/library>)

### **ADDITIONAL INFORMATION**

- a) Learn more about the school at [https://orapuh.org/about\\_orapuh\\_school](https://orapuh.org/about_orapuh_school)
- b) Other programmes of the school can be found here: <https://orapuh.org/academics>
- c) The quality assurance policy of the school can be found here: <https://orapuh.org/qap>
- d) The teaching philosophy of the school can be found here: <https://orapuh.org/teaching-philosophy>