



MINI-MASTER OF PUBLIC HEALTH (mMPH)

Department of Basic Dental and Public Health Sciences (DBDPS)

INSTRUCTIONS

1. Understand the programme's structure: <https://orapuh.org/mini-mph-catalogue>
2. Understand School Fees policies: <https://orapuh.org/fees>
3. Read this roadmap thoroughly and keep it handy throughout your programme
4. Keep to your lecture, webinar, Oraposium, and OCliCR schedules and submit your assignments promptly

mMPH COURSES

CODE	USCH	TITLE
PC2-011	3	Foundations of Public Health
PC2-012	3	Health Systems, Law, and Policy
PC2-013	3	Epidemiology and Disease Control
PC2-014	3	Environmental and Occupational Health
PC2-015	3	Health Promotion, Communication, and Artificial Intelligence
PC2-016	3	Health Economics and Quantitative Methods in Public Health
PC2-017	6	mMPH Capstone (Practicum/Field Work and Seminar)

T. CREDITS 24 USCH (48 ECTS)

Other components of the curriculum

RL00	0	GRIT
RL01	0	Developing your personal career strategy
RL02	0	Public Health Business
WBN01	0	We are the Future
WBN02	0	Advocacy in Health Care
WBN03	0	WASH
WBN04	0	Designing and Developing Healthcare Facilities & Programmes
WBN05	0	Environmental Impact Assessment
WBN06	0	Diarrhoea Transmission and Control
WBN07	0	Stress and our Health and Illness States
WBN08	0	Behavioural Dimensions in the Concept of Health
WBN09	0	Nutritional Factors in Health and Illness States



WBN10	0	Public Health Informatics
WBN11	0	Communication in Health Education Programmes
WBN12	0	Anxiety Disorders
WBN16	0	Working in Resource-Limited Settings

Additional Modules

BUSINESS PLAN			CAREER BOOST PLAN		
CODE	USCH	MODULE	CODE	USCH	MODULE
BUS 101	0	Product Development	CRR 101	0	Career Landscape
BUS 102	0	Business Strategy	CRR 102	0	Gaining Visibility
BUS 103	0	Sales & Marketing	CRR 103	0	Career Advancement
BUS 104	0	Leadership and Organisational Behaviour	CRR 104	0	Becoming Indispensable
BUS 105	0	Business Accountability & Ethics	CRR 105	0	Performance Improvement

WEEK 1**PC2-000: Orientation**

This component of the study introduces the learner to Orapuh School, what it takes to study at the school, and their specific programme of choice.

Mon	08:00 pm WAT – Faculty Introductions	Wed	08:00 pm WAT – Lectures + Activities
Mon	08:10 pm WAT – Student Introductions	Thurs	08:00 pm WAT – mMPH orientation
Mon	08:30 pm WAT – Initial Student Orientation	Fri	08:00 pm WAT – Competencies and careers + Course 011 Orientation
Tue	8:00 – 8:25 pm WAT – Webinar		

WEEK 2-12

Live Sessions: Hold on the last day of each course (Saturday) by 8.45 pm WAT

Summative Assessment submission deadline: On the day of each live session by 11.59 pm. Each assignment should be submitted to the relevant faculty's email and school.repository@orapuh.org



Assessment conventions: Back page. 1000 words minimum, excluding preliminary pages and references. Sub-headings. Pagination. 1.5 line spacing. Times New Roman. Font size 12. Justified margins. Balanced paragraphs. APA7 in-text citations & references. 10 % or less plagiarism rate.

WEEK 2

PC2-011: Foundations of Public Health

This course introduces the learner to the concept of Public Health and stimulates the mind to desire to learn more about this unique field. It also takes an in-depth look at the public health concept, system, and problem-solving approaches.

Faculty: V. E. Adamu (Ph.D.) v.adamu@orapuh.org

1. Write short notes on 5 specific different types of public health facility that you can identify in your country, giving their names and locations.
 2. If you were to begin your own public health facility today, which would it be? What name would you give to your facility? Which organization model would you adopt? Which business model(s) would you employ? Would the facility be online, offline, or both?
-

WEEK 3

PC2-012: Health Systems, Law, and Policy

This course teaches the health care delivery system, introduces to public health laws, and encourages contributions to public health policy. It also distills the translation of knowledge and research findings into policy initiatives and statements, enhancing practice.

Faculty: V. E. Adamu (Ph.D.) v.adamu@orapuh.org

1. Give a summarised account of the Healthcare Delivery System in your country
 2. Discuss the Healthcare Financing mechanism in your country, giving its key features, merits, and limitations
-

WEEK 4 & 5

PC2-013: Epidemiology and Diseases Control

This course introduces the learner to the concept and scope of epidemiology. It also delves into the epidemiology of infectious and noninfectious diseases, aetiology, risk factors, and control of health problems.



Faculty: V. E. Adamu (Ph.D.) v.adamu@orapuh.org

1. Identify the key sources of epidemiological data in your country
 2. Discuss the epidemiology of 1 infectious disease that is prevalent in your country
-

WEEK 6 & 7

PC2-014: Environmental and Occupational Health

This course revolves around the relationship between human health and environmental factors such as those in the immediate environment, workplace, etc.; it also educates about how to enhance health by modifying those factors, for instance, through environmental hygiene or reengineering.

Faculty: N. I. F. Eneojo (M.Ed.) f.enejo@orapuh.org

1. Environmental Health Planning Report is important in environmental health practice, discuss
 2. If you were sent to a community to assess the village's domestic water supply, discuss the three things you would need to look out for
-

WEEK 8 & 9

PC2-015: Health Promotion, Communication, and Artificial Intelligence

This course teaches the art of preventing and controlling ill health. It also emphasises health education, artificial intelligence in health promotion and public health, communication, and intentional health risks reduction strategies.

Faculty: N. I. F. Eneojo (M.Ed.) f.enejo@orapuh.org

1. Discuss how you would utilize the five key action areas of health promotion in your community to promote health
 2. What strategies would you use to wean a smoker (addict) in your community from tobacco to enhance their health?
-



WEEK 10 & 11

PC2-016: Health Economics & Quantitative Methods in Public Health

This course empowers learners to understand and apply salient health economic and public health measures/metrics in the interpretation of health events or trends and apply that knowledge in the planning of public health interventions and initiatives.

Faculty: V. E. Adamu (Ph.D.) v.adamu@orapuh.org

1. Identify the latest National Demographic and Health Survey (NDHS) or similar report of your country and download it.
 2. Read the document and write a summary of all the key points of the survey's results
-

WEEK 12

PC2-017: mMPH Capstone

This is the capstone in the mMPH programme. The learner is expected to carry out a seminar work and specified practicum and present the reports of the works in a class situation. The thoroughness and quality of the 2 reports will inform the learner's grade in the course.

Seminar Activities:

1. Assignment of a seminar supervisor (**Week 1**)
2. Working with your Supervisor to submit Seminar Proposal to OREB (www.orapuh.org/oreb) for consideration and approval during the week following orientation (**Week 2**). Submit a topic that can summarise your area of study
3. Commence writing your seminar under the guidance of your supervisor by **Week 3**
4. Finalise all writing and tidy up the paper by **Week 11**
5. Supervisor must approve every component of the paper as they are written

Period: **Week 2 – 11** **Deadline for submitting the paper:** Last day of W11; 11.59 pm **Submit:** MS Word & MS PowerPoint versions to your supervisor and school.repository@orapuh.org

Seminar presentation

Seminar presentation will take place on the session's last Monday (8.45 pm WAT). You will be given 20 minutes for the presentation. You should expect to answer questions during the exercise.

Practicum Activities:

1. Locate a dental public health facility in which to carry out the practicum by **Week 8**
2. The modalities for the practicum are available in the Practicum Report Template available in the Learning Resource Centre (LRC). Should you need a letter of



introduction to take to your prospective practicum venue, do not hesitate to ask for one from the registry team (registrar@orapuh.org) – Ask for the letter by **Week 6**

Period: **Week 12** **Deadline for submitting the report:** On the session's last Friday; 11.59 pm

Submit: MS Word & MS PowerPoint versions to school.repository@orapuh.org

Practicum presentation

Practicum presentation will take place on the session's last day (8.45 pm WAT). You will be given 20 minutes for the presentation. You should expect to answer questions during the exercise

Seminar paper and practicum formats

Get the seminar paper and practicum report templates from Learning Resource Centre (LRC).

Archiving of the seminar paper and practicum report

Each student should upload the corrected final copy of their seminar paper and practicum report in MS Word formats (after the presentations) to Orapuh Academic Repository (www.acadrep.orapuh.org) for safe-keeping and perpetual public availability.

Academic Webinars, Oraposiums, and OCliCRs ★

There will be academic webinars, Oraposiums, and OCliCRs during this programme. Webinars typically take place on Wednesdays and Oraposiums and OCliCRs on Saturdays. Students are expected to attend, and participate actively in, every single event as the modules are components of the mMDPH curriculum.

In-text Citation and Referencing Style

For writing academic papers, in-text citations, and referencing style, students should adopt the APA referencing manual, 7th edition always. This is a required activity and will be considered during the grading of summative assignments and the capstone.

Submission of Assignments and other Papers

Summative Assignments should be set in MS Word using the following file name format: 'FirstnameLastname_Coursecode_Year' (e.g., OnuhAmos_PC2-011_2024). Files that are not properly saved using this required file name format will be rejected. All assignments should be emailed to the relevant faculty, with school.repository@orapuh.org in copy.

**GRADING SYSTEM**

GRADE	SCALE	WEIGHT	GP	DESCRIPTION	OUTCOME
A	70-100	4	3.5-4.0	Distinction	Pass
B	60-69.9	3	3.0-3.4	Merit	Pass
C	50-59.9	2	2.0-2.9	Pass	Pass
F	<50	1	< 2.0	Fail	Fail

RECOMMENDED TEXTBOOKS

1. Short textbook of public health medicine for the tropics (Lucas, A. O., & Gilles, H. M.)
2. The New Public health (Tulchinsky, T. H., & Varavikova, E. A.)
3. Introduction to Public Health (Gidey, G. et al.)

All the textbooks are available at the school library (<https://orapuh.org/library>)

ADDITIONAL INFORMATION

- a) Learn more about the school at https://orapuh.org/about_orapuh_school
- b) Other programmes of the school can be found here: <https://orapuh.org/academics>
- c) The quality assurance policy of the school can be found here: <https://orapuh.org/qap>
- d) The teaching philosophy of the school can be found here: <https://orapuh.org/teaching-philosophy>